

# COMMUNITY BIBLE CHURCH

## PSALMS

### LESSON 4

#### PSALM 16

WEEK OF OCTOBER 5 – OCTOBER 10

## THE EVERLASTING GOODNESS, PROVISION AND PROTECTION OF THE LORD

Psalm 16 is David's confident expression of faith and trust in the protective care, faithfulness and goodness of the Lord that He extends to His redeemed Saints not only in this life but in everlasting life beyond the grave. The goodness of God is the focus of Psalm 16. This Psalm teaches us that we need to fill our minds with a constant awareness of his goodness; especially during those times we face hardship and difficulties. In Psalm 16 David expresses his great confidence in God's goodness during his life. But God's goodness does not stop with this life His goodness extends through all of eternity as David concludes in Psalm 16:10-11. Psalm 16 closes with the glorious truth of the resurrection of the Anointed One, Jesus the Messiah. Because Jesus was raised from the dead all His Saints are assured of our resurrection, the ultimate expression of God's goodness and care for His Saints.

**Read Psalm 16:1-4.** God Protects and Preserves His People.

“The first Section (1-4) is a prayer, but one in which David confesses his faith and affirms his loyalty to God. This is not just a prayer of desperation - it is a prayer coming from a faithful servant of the Lord and as such represents the way that devout believers of all times pray.” [Commentary on the psalms](#), Allen P. Ross, Volume 1, pages 401-402.

1. What is David's (a) prayer and (b) expression of trust in the Lord in **Psalm 16:1**?
2. In **Psalm 16:2**, what is David's description of his very intimate relationship with the Lord and his confession of dependence upon the Lord's goodness extended to him?

David is expressing his loyalty to the Lord by identifying with the redeemed saints (vs.3) but distancing himself from the unredeemed, those who follow other gods (vs.4).

3. How does David describe the redeemed and his affection for them in Psalm 16:3?
4. Contrasted with the goodness of God showered upon His saints as described in vs. 2, what do the unredeemed experience and how does David describe them in Psalm 16:4?
5. From Psalm 16:4(b) how does David distance himself from those following false gods?

**Read Psalm 16:5-9.** David's Praise of God for His Goodness, Blessings, Guidance and Security

6. The metaphor, a poetic form used in the Psalms, is an implicit comparison between two different things that have something in common. What metaphors does David use in **Psalm 16:5-6** to describe the Lord's goodness and blessing? How does **Psalm 23:5** help in explaining the provision and goodness of God to His saints?

“If God is the believer’s portion, it means that He is their possession and the constant source of supplies for life.” Commentary on the Psalms, Allen P. Ross, Volume 1, page 405.

7. From **Psalm 16:7-8** what is David’s action and resolve and what additional blessings does the Lord provide? How is that related to the actions and commitments of the blessed man of Psalm 1?
8. “My glory” as used in verse 9 refers to his innermost being, his entire person, made in the image of God. As David reflects on God’s goodness, His blessing and protection as described in verses 2-8, how does David respond in **verse 9**?

**Read Psalm 16:10-11. Acts 2:25-28, Acts 13:35-38.** God’s Protection Beyond the Grave.

9. In Psalm 16:1-9, David expresses his confidence in God’s provision, protection and blessing during life. From **Psalm 16:10-11** what is David’s confident expression of trust in God’s provision and protection after death?
10. The full and precise meaning of verse 10 goes way beyond the experience of David.
  - a. From **Acts 2:25-31** what does Peter declare about verse 10?
  - b. What does Paul say in **Acts 13:35-37** about Christ’s resurrection as a fulfillment of **Psalm 16:10**?

“Because Jesus resurrection from the dead was the first fruit of all who sleep in death (1 Cor. 15:20), it guaranteed that David, and all of the Saints, would be raised from the dead. Therefore, God has not abandoned David - or any Saints to the grave - but will yet raise him triumphantly.” “The death of Christ brings us redemption; and the resurrection of Christ guarantees everlasting joy and pleasure in His presence forever.” Commentary on the Psalms, Allen P. Ross, Volume 1, page 411-412.

11. What action will you take to mature in your understanding and your confidence in God’s goodness, blessing, security and care for you?
12. What difficulties or challenges are you now experiencing that you need to apply unshakeable confidence in God’s goodness and care for you?

“As the Saints face the trials and troubles of life, they must be absolutely sure of the goodness of God who remains faithful to his people, even in spite of their failures. They may build this kind of confidence as the psalmist did: by studying God’s word with a new interest and purpose, by meditating on his goodness and guidance in the night seasons, by focusing on his grace and glory that he shares with his Saints whom he loves eternally, by cultivating the life of obedience inspired by setting Him always before them, by determining to remain loyal to Him in the face of competing religious ideas, and by praising Him more for all His care and guidance.” Ross, pages 412-413